## Facilities to hire

## Call **01924 360158** for your free quote







The Sports Hall measures 23m x 32m and is suitable for a wide range of activities, such as:

- 5/6 a side football
- Badminton
- Basketball
- Netball
- Volleyball
- Cricket
- Table Tennis





The Sports Hall has the capacity to deliver events for up to 700 people. Examples of such are corporate events, wedding parties, children's parties, sports competitions and dance events.

We have a license to provide entertainment, food and alcohol.

The Activity Room measures 14m x 13m and has a fully mirrored wall. The Activity Room also has a built in music system/PA. The room is suitable for:

- Dance
- Martial Arts
- Table Tennis
- Fitness Classes
- Large Meetings
- Children's Parties



Lightwaves has four meeting rooms of varying sizes, which are suitable for a variety of meetings. Three of the meetings rooms have interactive whiteboards. Flip charts and whiteboards are also available. The layout of all four of the rooms can be changed upon request.





The Lightwaves Sports Lab is fully equipped with fitness monitoring equipment, which can perform an in depth analysis of your health, fitness, and lifestyle. The Sports Lab can be used by small groups or individuals.

The Massage Suite is 7m x 9m and is equipped with 7 massage beds.





The Gym measures 15m x 7m and is an ideal, compact space for individual use, small groups, women only sessions and personal training.

Call us on **01924 360158** or email **info@lightwaves.org.uk** to book

